

## FEMALE MEASUREMENT CHART

NAME: \_\_\_\_\_ COURSE: \_\_\_\_\_

(Block Capitals please as this is for your name badge)

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_



**PLEASE USE MEASURING TAPE AS ILLUSTRATED ABOVE**

**NB!** Check out this handy video for help with measuring!  
<https://www.youtube.com/watch?v=aRBnTb7CiTE>

**BUST MEASUREMENT (INCHES) =**  
MEASURE AROUND THE FULL BODY AT ITS WIDEST PART

**WAIST MEASUREMENT (INCHES) =**  
MEASURE AROUND THE BODY AT WAISTBAND LEVEL

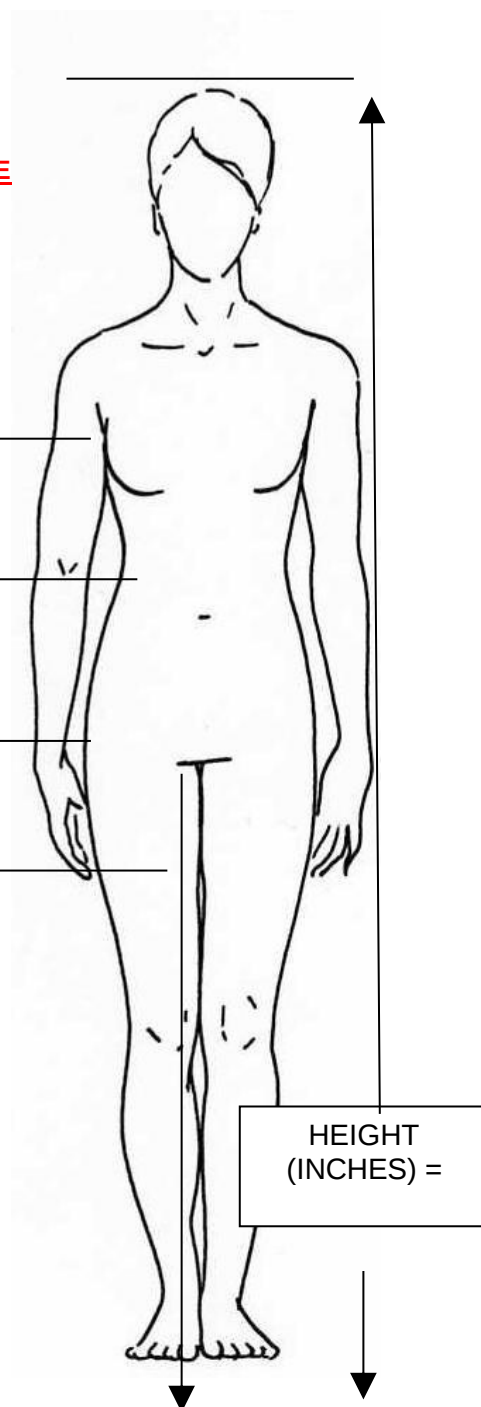
**HIP MEASUREMENT (INCHES) =**  
MEASURE AROUND THE FULL BODY AT ITS WIDEST PART

**INSIDE LEG MEASUREMENT (INCHES) =**  
MEASURE INSIDE LEG TO THE FLOOR IN FLAT SHOES

### **IMPORTANT**

**Please ensure you measure with the measuring tape loosely around each area. This is vital in order to ensure you receive the correct size uniform**

If you have any queries regarding what size you should order email [orders@coppingers.com](mailto:orders@coppingers.com) at your Earliest convenience and we will be happy to help!



# Ladies Size Chart Sheet

## CHEFWEAR

|                          |            |           |           |           |           |           |           |           |           |           |           |
|--------------------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>Chef Jacket White</b> | <b>6/8</b> | <b>10</b> | <b>12</b> | <b>14</b> | <b>16</b> | <b>18</b> | <b>20</b> | <b>22</b> | <b>24</b> | <b>26</b> | <b>28</b> |
| <i>Chef Jacket Size</i>  | 34         | 36        | 38        | 40        | 42        | 44        | 46        | 48        | 50        | 52        | 54        |
| <i>Chest in inches</i>   | 36         | 38        | 40        | 42        | 44        | 46        | 48        | 50        | 54        | 56        | 58        |
| <i>Hip in Inches</i>     | 36         | 38        | 40        | 42        | 44        | 46        | 48        | 50        | 54        | 56        | 58        |

|                     |            |           |          |          |          |           |            |            |            |            |            |
|---------------------|------------|-----------|----------|----------|----------|-----------|------------|------------|------------|------------|------------|
| <b>Chef Trouser</b> | <b>XXS</b> | <b>XS</b> | <b>S</b> | <b>M</b> | <b>L</b> | <b>XL</b> | <b>2XL</b> | <b>3XL</b> | <b>4XL</b> | <b>4XL</b> | <b>5XL</b> |
| <i>Ladies Size</i>  | 6/8        | 10        | 12       | 14       | 16       | 18        | 20         | 22         | 24         | 26         | 28         |

**Leg Lengths:** S = 29"  
*Measured to floor* R = 31"  
 L = 33"

**Shoes**  
*(Generous Fit)*

|           |           |           |           |           |           |           |           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>36</b> | <b>37</b> | <b>38</b> | <b>39</b> | <b>40</b> | <b>41</b> | <b>42</b> | <b>43</b> | <b>44</b> | <b>45</b> | <b>46</b> | <b>47</b> |
| 3         | 4         | 5         | 6         | 4.5       | 7         | 8         | 9         | 10        | 10.5      | 11        | 12        |

## **Black Hospitality Jacket**

|                        |            |           |          |          |          |           |            |            |
|------------------------|------------|-----------|----------|----------|----------|-----------|------------|------------|
|                        | <b>2XS</b> | <b>XS</b> | <b>S</b> | <b>M</b> | <b>L</b> | <b>XL</b> | <b>2XL</b> | <b>3XL</b> |
| <i>Chest in inches</i> | 34         | 36        | 38/40    | 42/44    | 46       | 48        | 50         | 52         |

## **Ladies Hospitality Trouser Venus**

|                        |          |          |          |           |           |           |           |           |           |           |           |           |
|------------------------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <i>Size</i>            | <b>4</b> | <b>6</b> | <b>8</b> | <b>10</b> | <b>12</b> | <b>14</b> | <b>16</b> | <b>18</b> | <b>20</b> | <b>22</b> | <b>24</b> | <b>26</b> |
| <i>Waist in inches</i> | 24       | 26       | 28       | 30        | 32        | 34        | 36        | 38        | 40        | 42        | 44        | 46        |
| <i>Hip in inches</i>   | 34       | 36       | 38       | 40        | 42        | 44        | 46        | 48        | 50        | 52        | 54        | 56        |

*Regular 29"*  
*Long 31"*  
*Extra Long 33"*